NeuroPro Skills™ for

Nurses

Course Description

Can "therapy" only happen with "therapists"? Our brains change with experience and repetition so each transfer, stand, walk, reach, or bed reposition can advance recovery or can reinforce bad habits and compensations. There is an opportunity, therefore, with each nursing contact to reinforce the lessons from therapy and dramatically improve patient outcomes. In this course, a bridge will be established between therapy and nursing so that nurses can further enhance their role on the rehabilitation team in promoting patient recovery.

Ideal for:

- Registered Nurses

- Licensed Practical Nurses

- Nursing Assistants

- Health Care Aides

- Other Nursing Staff

Applicable for all experience levels, as well as for any ortho/MSK diagnosis

Upon Completion

You will know how to:

- Review the principles of neural plasticity and relate them to nursing practice

- Understand normal components of movement during transfers, ADLs, walking, and bed mobility

- Setup and provide guidance to the patient during active movement with safe mechanics, rather than lifting or passively moving body parts

- Manage the hemiplegic arm and painful shoulder with a rehabilitative focus

- Reinforce proper walking patterns when assisting a patient during ambulation