

NeuroPro Standards™ Session 3:

# Treatment Variables and Modulation

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## Session Description

Treatment is not a list of things you do in therapy. It is the continuous process of presenting new ideas and challenges that address movement system diagnoses. In Standard Three, you will learn to create change and challenge within salient activities for your interventions, instead of picking random “exercises” to repeat. Using a salient activity combined with your creativity will make treatment sessions fun, engaging, and effective.

### Ideal for:

- Physical Therapists
- Occupational Therapists

## Upon Completion

### You will know how to:

- Understand how to use salience as the stimulus for creativity
- Experience a motor learning activity and extract the relevant lessons for treatment modulation
- Develop an understanding of many gait functions to increase options to meet the demands of both activity and diagnosis
- Recognize the difference between an ineffective treatment strategy and a treatment strategy that needs regulation
- Generate progressions in treatment by recognizing which treatment elements are succeeding and adjust to focus on diagnoses still interfering with the activity

